RECOMMENDED USE: Mix 1 serving (30 g = 4 level tablespoons) product with 300 ml water in a shaker bottle. Take one serving daily.

INGREDIENTS: instant whey protein concentrate (milk) 64% (whey protein concentrate (milk), emulsifier [lecithins (sov)]}, inulin, oat flakes flour (gluten), flavourings (contains caffeine), glucomannan 3.5% (from Amorphophallus konjac tuber) (sulphur dioxide), thickener (cellulose gum), grated chocolate (cocoa mass, sweetener (maltitols), cocoa butter, fat-reduced cocoa powder, emulsifier [lecithins (sov)], flavouring), L-carnitine L-tartrate 1%, emulsifier [lecithins (sov)], citrus fibre, flax seed powder, salt, psyllium husks powder, acai berry powder 0.6%, goji berry powder 0.6%, bromelain from pineapple (1200 GDU/g) 0.5%, cinnamon powder, calcium salts of orthophosphoric acid, sweetener (sucralose), anti-caking agent (silicon dioxide), chromium (III) chloride and its hexahydrate. Made in a plant that manufactures egg, peanuts, nuts, celery, fish and crustacean contain-

BEST BEFORE (day/month/year): see at the bottom of the packaging. STORAGE: Store product tightly closed in a cool, dry place.

WARNINGS: The product does not replace a varied and balanced diet and a healthy lifestyle.

Distributed by BioTechUSA Kft. 1033 Budapest Huszti út 60., Hungary.

Place of provenance: EU

**OUALITY** 

Net weight:



## DIET SHAKE

HIGH FIBRE PROTEIN MEAL WITH GLUCOMANNAN, L-CARNITINE AND CHROMIUM











720 grams | 24 servings

## **Nutrition Facts**

Serving size: 30 g

Daily amount: 1 serving (30 g) Servings per container: 24

	100 g	<b>Ri*</b> (100 g)	30 g
Energy	1457 kJ/ 347 kcal	17%	437 kJ/ 104 kcal
Fat	5.9 g	9%	1.8 g
- of which saturates	3.4 g	17%	1.0 g
Carbohydrate	16 g	6%	4.9 g
- of which sugars	6.7 g	8%	2.0 g
Fibre	16 g	**	4.9 g
Protein	49 g	99%	15 g
Salt	1.8 g	29%	0.53 g

\*Reference intake of an average adult (8400 kJ/2000 kcal). \*\*No RI value has been established.

Minerals	100 g	<b>NRV***</b> (100 g)	30 g
Chromium	60 µg	150%	18 µg
Calcium	385 mg	48%	115 mg

<sup>\*\*\*</sup>Nutrient reference value for adults.

Low fat: <1.5 g fat/100 ml ready to drink product prepared with water.

Low sugar: <2.5 g sugar/100 ml ready to drink product prepared with water.

Other active ingredients	30 g
Glucomannan	1050 mg
Inulin	2700 mg
L-carnitine L-tartrate	320 mg
-of which L-carnitine	220 mg
Bromelain powder	160 mg

